

# EASTCOTE PRIMARY ACADEMY - LONGTERM PE PLAN 2016/17

Term		Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Progressive	Multi skills – Movement mechanics	Multi skills – Movement mechanics	Multi skills – Movement mechanics	Invasion Frisbee	Invasion Frisbee	Invasion Frisbee	Invasion Frisbee
	Teacher				Hockey	Tag Rugby	Hockey	Tag Rugby
Autumn 2	Progressive	Multi Skills	Multi Skills	Multi Skills	Football	Football	Football	Football
	Teacher				Dance	Dance	Dance	Dance
Spring 1	Progressive	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics
	Teacher				Gymnastics	Gymnastics	Gymnastics	Gymnastics
Spring 2	Progressive	Multi Skills	Multi Skills	Multi Skills	Tri Golf	Tri Golf	Tri Golf	Tri Golf
	Teacher				Outdoor Adventurous Activities	Outdoor Adventurous Activities	Outdoor Adventurous Activities	Outdoor Adventurous Activities
Summer 1	Progressive	Multi skill – bat and ball	Multi skills – Bat and ball	Cricket/Rounder's skills	Cricket	Cricket	Cricket	Cricket
	Teacher				Netball	Basketball	Netball	Basketball
Summer 2	Progressive	Throwing and catching	Tennis skills	Tennis skills	Athletics	Athletics	Athletics	Athletics
	Teacher				Tennis	Cricket	Tennis	Cricket