



# Weeks Commencing:

## Week 1

Monday 4th Sept - Monday 25th Sept - Monday 16th Oct - Monday 6th Nov - Monday 27th Nov - Monday 18th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken & Tomato Casserole	Spaghetti Bolognese with Garlic Bread Slice	Roast Turkey, Stuffing & Roast Gravy	Chicken Sausages in a Rich Tomato, Onion Sauce	Crispy Battered Fish Fillet & Tomato Ketchup
Vegetarian Dish of the Day	Cheese & Spinach Pin Wheel	Leek & Pepper Tart	Quorn & Roasted Vegetable Pasta Bake with Garlic Bread	Quorn Pieces and Pepper Stir Fry	Cheesy Vegetable Burger in a Flour Bap
Vegetable Choice	Steamed Rice, Sweetcorn & Garden Peas	Steamed New Potatoes, Sliced Buttered Carrots & Broccoli	Roast Potatoes, Medley of Seasonal Vegetables	Creamy Mash Potatoes, Green Beans & Carrots	Chipped Potatoes, Baked Beans, Seasonal Vegetables
Dessert of the Day	Sticky Toffee Pudding, Butterscotch Sauce, Fresh Fruit Salad	Fruity Trifle, Fresh Fruit Salad	Fruit Jam & Coconut Slice, Fresh Fruit Salad	Chocolate Chip Cookie with Fruity Yoghurt, Fresh Fruit Salad	Lemon & Vanilla Cheesecake, Fresh Fruit Salad
Jacket Potato Bar	See board for details	See board for details	See board for details	See board for details	See board for details
Cold Selection	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit

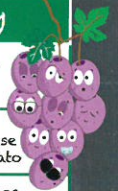


# Weeks Commencing:

## Week 2

Monday 11th Sept - Monday 2nd Oct - Monday 23rd Oct - Monday 13th Nov - Monday 4th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Cottage Pie	Chicken Meatball in a Rich Tomato Sauce on Penne Pasta	Roast Beef, Yorkshire Pudding & Roast Gravy	Chicken & Sweet Pepper Pizza	Fish Finger with Mayo
Vegetarian Dish of the Day	Vegetarian Sausages & Gravy	Stir Fry Sweet & Sour Vegetable Noodles	Mexican Quorn, Rice & Bean Wrap	Creamy Tomato Macaroni Cheese & Garlic Bread	Twice Baked Ratatouille & Cheese Stuffed Jacket Potato
Vegetable Choice	Creamy Mash Potatoes, Carrots & Garden Peas	Egg Fried Rice, Cabbage & Kale Medley	Baby Roast Potatoes, Sweetcorn & Broccoli	Seasoned Potato Wedges, Whole Green Beans	Chipped Potatoes, Baked Beans, Seasonal Vegetables
Dessert of the Day	Apple & Date Flapjack, Fresh Fruit Salad	Pineapple Upside - Down Cake & Custard, Fresh Fruit Salad	Raisin Shortbread with Berry Mousse, Fresh Fruit Salad	Carrot Velvet Cake with Lemon Orange Frosting, Fresh Fruit Salad	Arctic Roll with Fruity Compote, Fresh Fruit Salad
Jacket Potato Bar	See board for details	See board for details	See board for details	See board for details	See board for details
Cold Selection	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit



# Weeks Commencing:

## Week 3

Monday 18th Sept - Monday 9th Oct - Monday 30th Oct - Monday 20th Nov - Monday 11th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken Nuggets with a Tomato Basil Sauce	Mild Chilli Con Carne	Roast Honey Glazed Sticky Chicken and Roast Gravy	Beef & Vegetable Pie	Battered Fish Fillet and Fresh Tomato Sauce
Vegetarian Dish of the Day	Vegetable & Lentil Lasagne with Garlic Bread	Quorn Chilli Con Carne	Vegetarian Sausage Toad in the Hole	Cheesy Vegetarian Ravioli with Crusty Bread	Spanish Tortilla
Vegetable Choice	Seasoned Wedges, Garden Peas & Sweetcorn	Turmeric Rice, Broccoli & Carrots	Roast Potatoes, Green Beans & Curly Kale	Creamy Mash Potatoes, Cauliflower & Carrots	Chipped Potatoes, Baked Beans & Garden Peas
Dessert of the Day	Golden Orange Syrup Sponge & Custard, Fresh Fruit Salad	Cherry Tray Bake served with Milkshake, Fresh Fruit Salad	Apple & Cinnamon Crumble with Custard, Fresh Fruit Salad	Apple & Winter Berry Pie & Vanilla Sauce, Fresh Fruit Salad	Banana & White Chocolate Muffin, Fresh Fruit Salad
Jacket Potato Bar	See board for details	See board for details	See board for details	See board for details	See board for details
Cold Selection	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit	Help yourself salad bar Homemade breads Fresh fruit

