



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	<b>Cheesy Salmon Sub Melt with Baked Wedges</b>	<b>Creamy Beef Lasagne</b>	<b>Roast Chicken &amp; Roast Potatoes with Gravy</b>	<b>Chicken Tikka Masala with Wholegrain &amp; White Rice</b>	<b>Fish Fingers &amp; Chips</b>
<b>VEGETARIAN MAIN MEAL</b>	<b>Italian Cheese &amp; Tomato Pizza with Baked Wedges</b>	<b>Plant Based Meatball Pasta Bake</b>	<b>Vegan Sausage Puff &amp; Roast Potatoes with Gravy</b>	<b>Goan Potato &amp; Spinach Curry with Wholegrain &amp; White Rice</b>	<b>Vegan Vegetable Nuggets &amp; Chips</b>
<b>VEGETABLES</b>	<b>Carrots &amp; Peas</b>	<b>Garden Peas</b>	<b>Seasonal Vegetables</b>	<b>Tomato, Cucumber &amp; Carrot Salad</b>	<b>Baked Beans</b>
<b>JACKET POTATOES</b>	<b>Cheddar Cheese, Baked Beans or Tuna Mayonnaise</b>				
<b>PUDDING</b>	<b>Vanilla Yoghurt</b>	<b>Apple Strudel &amp; Custard</b>	<b>Strawberry Jelly &amp; Mandarins</b>	<b>Pear &amp; Cocoa Sponge with Vanilla Sauce</b>	<b>Chocolate Cookie</b>



<b>WEEK 2</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	<b>Traditional Chicken Sausage &amp; Mash</b>	<b>Texan Style Mince Beef with Wholegrain &amp; White Carrot Rice</b>	<b>Roast Turkey &amp; Roast Potatoes with Gravy</b>	<b>Pasta Carbonara &amp; Homemade Garlic Bread</b>	<b>Battered Fish &amp; Chips</b>
<b>VEGETARIAN MAIN MEAL</b>	<b>Baked Gnocchi in Tomato &amp; Basil Sauce</b>	<b>Plant Based Chilli with Wholegrain &amp; White Carrot Rice</b>	<b>Red Pepper &amp; Spinach Spanish Omelette</b>	<b>Crispy Topped Mac 'n' Cheese &amp; Homemade Garlic Bread</b>	<b>Margherita Wrap &amp; Chips</b>
<b>VEGETABLES</b>	<b>Carrots</b>	<b>Sweetcorn</b>	<b>Seasonal Vegetables</b>	<b>Garden Peas</b>	<b>Baked Beans</b>
<b>JACKET POTATOES</b>	<b>Cheddar Cheese, Baked Beans or Tuna Mayonnaise</b>				
<b>PUDDING</b>	<b>Vegan Lemon Shortbread</b>	<b>Pear Crumble &amp; Custard</b>	<b>Vanilla Yoghurt</b>	<b>Eves Pudding &amp; Vanilla Sauce</b>	<b>Oaty Fruit Crunch</b>



<b>WEEK 3</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Beef Bolognese with Wholegrain & White Pasta	Roast Chicken & Roast Potatoes with Gravy	Mild & Creamy Makhani Chicken Curry with Pilau Rice	Fish Fingers & Chips
<b>VEGETARIAN MAIN MEAL</b>	Italian Cheese & Tomato Pizza with Baked Wedges	Vegan Roasted Vegetable Bolognese with Wholegrain & White Pasta	Vegan Wellington & Roast Potatoes with Gravy	Sri Lankan Split Pea & Cauliflower Curry with Pilau Rice	Onion Bhaji Burger & Chips
<b>VEGETABLES</b>	Sweetcorn	Garden Peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans
<b>JACKET POTATOES</b>	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
<b>PUDDING</b>	Vanilla Yoghurt	Pineapple Upside Down Cake & Vanilla Sauce	Strawberry Jelly with Fruit Cocktail	Homemade Apple Crumble & Custard	Chocolate Cracknell