

YADT presents

# Time Out For Parents



## The Teenage Years

**Sessions for anyone parenting children aged 11 to 19**

This course is run by our behavioural team who have extensive experience working with families and young people with diverse needs.

### Date

Every Tuesday, 7pm to 9pm  
16th January - 27th February 2018

### Venue

North Cray Neighbourhood Centre,  
1 Davis Way, Sidcup DA14 5JR

### Cost

£50

### For more information

Contact YADT on 020 8308 3862  
or email [yadt@sky.com](mailto:yadt@sky.com)



[YouthActionDiversityTrust.co.uk](http://YouthActionDiversityTrust.co.uk)



@YADTBexley

**positive**parenting

Common sense, jargon-free information and ideas to help  
you to engage with your children and boost your relationship

